



## Welcome to Hand on Heart Charity's, Heart Safe Awards Newsletter!

October was a super busy month for all the right reasons; We had our **UK Heart Safe Awards** right at the beginning of the month which was then followed by weeks of press releases, certificates and creating more Heart Safe schools!

We have created a separate Newsletter for October's achievements, however this newsletter is exclusively about the winners of **UK Heart Safe Awards!** Take a look below at the fantastic individuals and organisations who were awarded on the evening.



#### The Connor Saynders Foundation

The Connor Saunders Foundation were the winners of two awards on the evening! Walking away with both "Heart Safe Fundraiser of the Year" and also "Special Recognition Award" for all the hard work they put into getting defibrillators into sports clubs. They received their Special Recognition award from David Howarth, Chairman of Hand on Heart and Gina Harris Fundraising Manager (left).

Below shows them receiving their Heart Safe Fundraiser of the Year from Hand on Heart Trustee Emma Jones.

#### NWAS NHS Trust complementary

#### Resources Team

The complementary resources team at NWAS were awarded Heart Safe Emergency Services of the Year by David Cummings of City West Housing Trust. The winners said they come from such a big team where everyone works so hard and they were so thrilled to have been recognised as this.







#### David Lloyd Leisure Centres

David Lloyd Leisure were announced Heart Safe Gym of the Year and was accepted by Caleb Brown, a trainer for the gym who was also shortlisted for Heart Safe Trainer of the year. Paddy McGuiness attended the event and announced this award as a beginning to become more involved with the charity and its goals.



### Community Resuscitation & Defibrillation Team, London Ambulance Service NHS Trust

Two members of the Community Resuscitation and Defibrillation team came to collect the award and recognition at the UK Heart Safe Awards. They were thrilled to have won and be recognised for their hard work which includes training people in AED skills, most notably during the Olympic 2013 and Paralympics Games where the London Service set up "pod" sites to increase the AED coverage across the game sites. They were awarded this title by Brian McInnes of Philips Healthcare which sponsored this award.

#### Cumbria Fire and Rescue

Cumbria Fire and Rescue were thrilled to have won Heart Safe Public Sector Organisation of the Year for the second year running! Their hard work ensure their local community is safe and trained in important life skills which can potentially save a life. It was coincidentally their training days which educated Bailie Kershaw in CPR, which led to him saving his fathers life after suffering from a Cardiac Arrest, his winning category can be found later in the newsletter. Paula Leech, manager of defibshop.co.uk presented the award to the team.



# UK Heart Safe Awards 2013 PHYSID On Heart

#### Intu Trafford Centre

One of our Trustees, Carren Bell awarded Intu Trafford Centre with Heart Safe Shopping Centre of the Year. Intu Trafford Centre has more defibrillators per square metre than any other shopping centre in the UK. Intu were extremely proud to add this accolade to their already brimming trophy cabinet.

#### University of Manchester Cultural Assets

University of Manchester Cultural Assets won the Heart Safe Tourism or Leisure Business of the Year. A great achievement for the university. Janet Makin the University's First Aid Coordinator works hard to ensure as many members of staff, students and local residents are trained in the use of AED's an CPR as possible to reduce the 12 deaths of young people which occur each week. This award was given by Roy Wilding of PushOn.





#### Everton in the Community

Our very own Ambassador, Chris Riley of Warrington Wolves awarded Everton in the Community with Heart Safe Not For Profit Business of the Year. This award is recognition for those who invest in life-saving equipment and staff training to provide a Heart Safe Environment for employees, staff and local residents.



#### AED Safety Services

Ben Williams of EPC-UK presented this award to Alexandra and Anthony Davis for Heart Safe SME Business of the Year. Alex and Anthony set up AED Safety to teach people important life skills that could potentially save a life.



#### Holmes Chapel First

#### Responder Group

Holmes Chapel First Responder Group won the Heart Safe Community Responder Scheme of the Year, this award was presented by Damon Hill of Airbus Operations Ltd and celebrates an outstanding community responder scheme, which has provided care using a defibrillator or other life-saving equipment.



#### Brentwood School

David Crane from Brentwood School collected the award for Heart Safe Educational Establishment of the Year on behalf of Brentwood School. David Crane is a former soldier who provides CPR and life skill training to all pupils at Brentwood School, this training gives young people life-saving skills that will benefit them throughout their lives. Hand on Heart Trustee Rachael Howarth presented this award to David.



#### Airbus Operations

Airbus Operations won Heart Safe Manufacturer of the Year, this was awarded to them by Paul Bean of Physio Control, main sponsor of the UK Heart Safe Awards.



#### Lee Riches

Lee Riches was awarded Heart Safe Trainer of the Year after his extensive work at Eastgate Shopping Centre. Already working as a security guard for the shopping centre. Lee in his spare time does all he can to ensure as many workers within the centre are trained in basic life support skills to help create a safe environment within the shopping centre. Lee received his award from Imperative Training Manager Lyndsey Hope.

#### GKN Aerospace Western Approach

GKN Aerospace won in one of the two categories they were shortlisted in! As winner of Heart Safe Large Business of the Year, GKN Aerospace invests in life-saving equipment and staff training to provide a Heart Safe Environment. Robert Murray from Laerdal presented this award to GKN Aerospace.



#### Tracey Garde, Lesley Hough and Garry Lee & Bailie Kershaw

Choosing just one winner was hard enough in the Heart Safe Lifesaver of the Year Category. We had to create a new category for us to award both shortlisters who we felt were most deserving to win. Tracey Garde and Lesley Hough (left) were announced winners after their selfless acts together along with Garry Lee, helped save a mans life who had collapsed outside Bolton Arena.

Bailie Kershaw aged 12 (below) acted quickly when his dad collapsed in his room one evening. He successfull delivered CPR to his unconscious father which he had learnt from Cumbria Fire and Rescue. His actions meant his father made a full recovery and was able to attend the awards with Bailie.

Paul Bean of Physio Control, our main sponsor of the evening sponsored these awards and presented our two winners with their well-deserved award for their bravery.







We were thrilled to have Paddy McGuiness's attend our UK Heart Safe Awards event. We're currently arranging a presentation for him to attend where he'll be donating a Gold Defibrillator Package to a local school of his choice through Hand on Heart Charity. His involvement with Hand on Heart Charity is in its early stages however he's expressed his interest in the charity and also supporting us in events in the future.

We're truly grateful for all of your support, generosity and warm wishes towards the UK Heart Safe Awards. Without your help it wouldn't have been possible to host such a successful evening.

We raised a phenomenal £14,000 on the evening, which is a tremendous achievement and over triple what was raised last year! All funds raised will go towards creating Heart Safe Schools throughout the UK.

We hope we see you at The UK Heart Safe Awards 2014, whether it's as a nominee, a sponsor or an attendee.

If you're interested in supporting the 2014 UK Heart Safe Awards -

Please contact Lesley for more details: Email Lesley@handonheart.org Call 0845 071 0822

