

## Hand on Heart February 2015 Newsletter

**We have dedicated this months newsletter to things that happened during January and February due to our special 'Looking back' issue from last month . As you will see we have been very busy with awareness days and successful grant funding support. Enjoy the read everyone.**



### Intu Trafford Centre Awareness Day

Thousands of shoppers saw us for the first time in February at the Intu Trafford Centre after Hand on Heart were chosen by the centre to support us during 2015.

Charity staff, trustees, trainers and centre staff gave shoppers the opportunity to learn a life saving skill in CPR skills and to give parents the chance to nominate a school into a free draw to try a win a fully funded gold defibrillator and training package.

The winner of defibrillator draw was won by Stubbins Primary School, Ramsbottom, Lancashire.

The Awareness Day held on Sunday 15th February also saw the first outing with our new mascot 'SOL' .

We would like to take this opportunity to say a huge thank you to the staff at the centre for supporting us throughout the day.



**Introducing 'SOL'** - during January we ran a competition to name our newest member of the fundraising team at Hand on Heart. He is a full size mascot and be attending many of our upcoming events.

Schools had the opportunity to ask their students to help us find a suitable name for it and in return the school could win a day's training, worth £395, which includes 30 students trained on Basic Life Support skills and an AED training course for up to 8 staff for a school that already has a defibrillator .



The competition winner was - Emmie Rae, a pupil from St Johns C of E Primary School in

Cliviger who came up with the name 'SOL' (Saver of lives) .

Emmie Rae and her mum stopped by at the Intu Trafford Centre Awareness day to meet the mascot and was there to receive a special certificate of thanks .



## DW Sports, St Helens members burnt off excess Christmas weight to support Hand on Heart.

Well done girls in taking part in a fitness fundraising event at DW Sports, St Helens on Saturday 16 January 2015.

38 men and women in total took part in the fitness challenge .

Over the course of the morning through the Fit54ive sessions the sports members did spin, attack, pump challenge, combat and HIIT - finishing off with a massive £173.00 raised for Hand on Heart.

Well done to everyone involved !



## Kings Sutton Primary school receives funding support.

Daniel Cross was determined to help raise funds for his school to receive a defibrillator and training package that he went out of his way to do it and committed himself to undertaking a sponsored 100 laps challenge.

He also manned a cake stall in school with the help of his sister Emma and helped to create awareness of sudden cardiac arrest whilst wearing our T-shirts

Congratulations to them both, they raised £56.65 from the cake stall and £230 in sponsorship from Daniels Bike challenge.



## Siemens support school in Manchester

Manchester Community Support Fund Committee at Siemens after their monthly committee meeting took the decision to support a school in the Manchester area.

The school who receive their life saving equipment and training was William Hulme Grammar School. 8 school staff will be taught how to use the device and 30 students will also be given basic life skills.

Staff from Siemens went to the school to present them with their defibrillator.



Pictured are Marie Foster, and Olivia Whitlam Corporate Citizenship Executive (holding the defibrillator), with the Headmaster of William Hulme Grammar. Both Marie and Olivia are members of the Siemens Manchester Community Support Fund committee that donated the defib package. SIEMENS fund match all employee donation to the committee and it was this that paid for the Gold package.

**December winners** - Congratulations to our lucky winners from the December draw to win a fully funded defibrillator and training package.

The winners are :- Recreation Road Infant School, Norwich and Welford upon Avon Primary School, Stratford upon Avon who's nomination was simply outstanding and had year 5 children write letters to the Queen, Prime Minister, and other people of interest.

**January winner** - Congratulations to our lucky winner from the January draw to win a fully funded defibrillator and training package.

The winner was:- Mill Rythe Junior School, Hayling Island, Hampshire .



## Fantastic Feedback!

It's always great when we receive feedback from our training sessions and is testament



to our fabulous trainers and the wonderful work that they do.

### **Brandwood Community School** -

“Our trainer was very knowledgeable and put everyone at ease. His experience was apparent and he gave ample opportunities for questions. A very enjoyable afternoon learning new skills..”

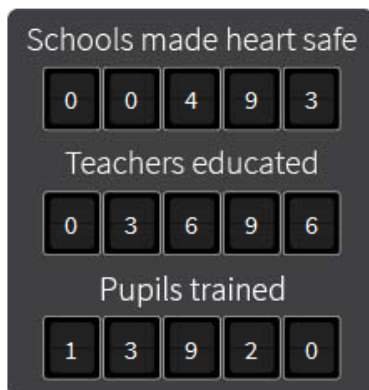
**Moss Park Infants** - “Lynne’s little stories were a great help in understanding the practicalities of the course”

**Shrewton Primary** - “Fab! Held my interest ‘all’ day”

### **St Vincent's Catholic Primary School**

- “I wanted to write and thank you and the team for such a wonderful training day yesterday.

All the children of year 5 thoroughly enjoyed the training given by Peter Haines and have come away with knowledge and skills on CPR and basic first aid and confidence moving forward in life”.



## Hand on Heart went to Parliament

On Tuesday 27th Jan at 4pm, Dee, Gina and Lesley saw themselves enter the House of Commons and attend a very special event about improving the survival rates of sudden out of hospital cardiac arrests in the UK.



The key aims of the afternoon were to highlight screening of heart conditions of all children at risk of undiagnosed heart conditions, and have children leaving school with learning CPR skills.

Discussions were also on the requirement of having defibrillators in public places including schools, to increase awareness of CPR within communities and to ensure NHS ambulance services lead the campaign to develop and introduce a national strategy for community CPR.

It was a really exciting day for the girls who got to meet many MP's including Andy Burnham MP, Shadow Secretary of State for Health.



Dee, Lesley, Andy Burnham and Gina

## Euxton Hall Hospital support 5 more schools in Chorley & Preston areas.

Following the success of their annual charity ball in 2014 and the generosity of the staff, patients and well wishers the hospital have made 5 more schools Heart Safe.



We are delighted that the following schools have received their defibrillator and training packages ..

St Georges C of E, St Joseph's Catholic Primary, Eccleston St Mary's C of E Primary and Withnell Fold Primary Schools.

A fifth school has been contacted and we hope their defib package will be despatched to them in the coming weeks.

A huge thank you to all concerned in the hospital for their continuing support.

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## Newsquest Media Group supports our Wigan & Leigh campaign

Following a successful grant application made to the Gannett Group (parent company to Newsquest Media) 5 schools in the Wigan & Leigh area will benefit from receiving a fully funded defibrillator and training package each.



News reached the fundraising office in December that we were successful with interesting facts about the application. Little we did know that our grant application form when sending it to the local Newsquest office in Leigh would take a journey itself!

From being sent to the Leigh site office, the form was then be sent to their Head office in London before eventually arriving in their America (New York) office where Gannett staff would then choose the lucky winners.

After running a competition in the local Leigh Journal newspaper encouraging schools to nominate themselves to win a package, 5 schools have been chosen.

The lucky winners are : Westleigh St Pauls CE Primary, Tyldesley Primary, Twelve Apostles RC Primary, St Johns Infant and St Josephs Catholic Primary schools.

## Scottish support

Scottish Charity The Mickel Fund kindly made a donation to Hand on Heart to enable us to make one more school Heart Safe.

Gracemount Primary School, Edinburgh received their package in January and will undertake their training AED and basic life skill session in the coming months.

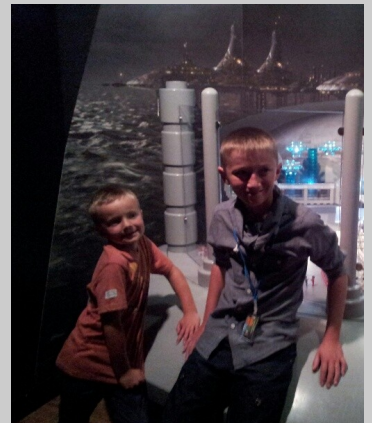


Founded in 1970 the Mickel fund since then have made over £100,000 donations to many charities, a spokesman from The Mickel Fund commented " We were very impressed with Hand on Heart and the aims of your organisation and are familiar with your charity through the involvement of Wellington School in Ayr.

We are delighted to be able to support you and fund a gold package to school within the Ayr area".

## Thanks Hand on Heart - We had a fab time!

We were delighted to receive some really nice photos recently from one lucky winner of a raffle prize following our attendance to the local City Air Show last summer.



Winner June Marshall sent us photos of her family enjoying a visit to Lego Land in Manchester.

We're delighted the family had a great time and thank them for their support !



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