

Welcome to Hand on Heart Charity's Newsletter, July 2014 Issue!

As schools finish for the summer holidays, we hope that everyone has a fun filled fantastic summer. Schools may be out but the Hand on Heart team will be doing lots of planning and preparation to get ready for the start of the new school year when we will be focusing on making more schools and communities Heart Safe. Nominations will continue to be accepted during July and August but due to the summer break these months will be combined and the winners will be announced in September. Keep up to date with our progress by liking and following us on Face Book, HandonHeartCharity.

Salford Campaign

Since our last newsletter, a further 4 Salford schools have become Heart Safe, we are so proud of the progression of the campaign and would love to help the remaining 8 schools become equipped with a life-saving defibrillator package. If you are a Salford school, still without a defibrillator, please call **0845 071 0822** to claim your FREE device and ensure that your pupils, staff and visitors are in Heart Safe environment! Bronze package normally costs £900 +vat, Conditions apply, closing date 31st July 2014.



Kendal Campaign

The Kendal Women in Business group who featured in our June edition, have been raising funds to provide schools in Kendal with Defibrillator packages. After raising the funds to install the first defibrillator, **Castle Park Primary** was selected to receive the grant. In addition to pupils and teachers, the premises are also used by a host of local community groups, who would also be able to access the equipment.

School administrator, Janice Murray, said "We are really pleased to be selected as the first school to benefit from this campaign. The training for students as well as staff really was an added bonus. It was certainly an engaging and lively course and one that the children won't forget in a while. We hope that the benefits will spread beyond the classroom as they share their experience with friends and family."

The 353 pupils and all their staff and visitors at Castle Park Primary are now classed as a Heart Safe School and can react and respond immediately to anyone who should suffer from a sudden cardiac arrest on their premises.

Hannah Morris, co-ordinator of the Kendal Hand on Heart Campaign said "This is the first of many grants we are aiming to provide and we hope to be presenting the next grant in July".

Image: HOH's Fundraising Co-ordinator, Lesley Groome and Sainsbury's presenting Mayfield Primary School with their life-saving defib.



Sainsbury's Oldham

Sainsbury's Oldham has presented their third life-saving defibrillator to Mayfield Primary School since choosing to support Hand on Heart as their Charity of the Year 2013-2014. The branch has been doing lots of fundraising activities to help equip local schools with a device, with Mayfield Primary joining in the fundraising with a book sale, raising over £600 for life-saving AEDs!

We'd like to send a huge thanks to Sainsbury's Oldham for their brilliant support and congratulations to Mayfield Primary School in becoming Heart Safe!

Defibrillator Nomination Winners June 2014

Every month, we offer the public the chance to nominate a school of their choice to win a free Defibrillator Package on our Hand on Heart website. Your school or you can fill out our nomination form to be in with a chance to win!

We're pleased to report we have been able to make a further 3 schools Heart Safe this month through the nominations! The winners were:

Bitterley Primary C of E School, Ludlow, South Shropshire

Valley Primary School, Bromley, Kent

St Mary the Virgin CE VA Primary School and Nursery, Gillingham, Dorset

Congratulations to all of you on becoming Heart Safe schools!

Do you know a school that needs a defibrillator? Direct them to our website where they could be one of our July/August winners.

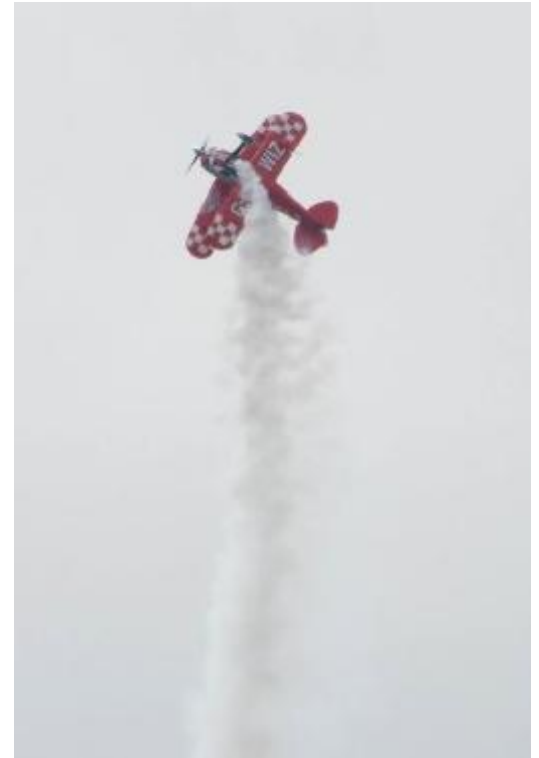


Image left
David Thomas training attendees in life-saving first aid skills.

Image right
The air show in

City Airport Family Fun Day

The 2014 Aviation and Family Fun Day event held at City Manchester Airport was a resounding success, with the return of an organized Flying Display to the Greater Manchester area, we've received fantastic feedback regarding our attendance and it seems the event was enjoyed by everybody. The 2014 event was held in support of the North West Air Ambulance Charity and Hand on Heart was invited to attend with the team. Hand on Heart trainer David Thomas taught lots of interested visitors how to save a life on the day, we were thrilled with the positive response we received from the event and are already looking forward to attending again next year!

EPC Presentation with Chase Primary

As a part of their goal to put a life saving device into every school in the Harwich area, EPC UK, donated their third defibrillator package this month! Through fundraising, EPC UK were able to donate a Gold package to Chase Lane Primary School in Dovercourt, who were delighted to be chosen and to become a Heart Safe environment.

EPC said: "It is now the third defibrillator we have handed over and our intention remains to try and get one to all the schools in the area."

EPC-UK will be hosting a Charity Golf Day to help raise funds for Hand on Heart in September this year. For more details of the event, please visit Handonheart.org or call **0845 071 0822**.

In Memory of Eddie Rowley

Loving step-daughter, Jo Jackson, is raising funds to supply life-saving defibrillators to schools, in memory of her step -father who died in February. Eddie Rowley, died from a sudden cardiac arrest which is why Jo got in touch with Hand on Heart. She wanted to help spread awareness and help train more people in the basic life skills which can help to preserve lives. Jo said: "It was a massive shock when Eddie passed away. Had there been a defibrillator on hand it could have saved his life. He was such a popular person within the community, I just want to do something in memory of him as well as raise awareness to hopefully prevent the same thing happening to someone else."

Through Trafford Taxi Drivers Association, Eddie formed Travelrite, starting with one taxi he built up a fleet of minibuses to transport children with special needs to school. Eddie was involved with arranging special day trips for the children, so Jo felt raising money in his memory and donating life-saving AEDs to local schools would be a fitting way to celebrate Eddie's memory and help create Heart Safe environments throughout the community.

Hillhead Quarry Exhibition



With an impressive total of 17,559 trade visitors in attendance, this year's Hillhead show, held from 24–26 June at Lafarge Tarmac's Hillhead Quarry, near Buxton, Derbyshire, once again underlined its status as the world's premier event for the mineral products, construction and recycling industries. Around 450 of the world's leading equipment manufacturers, contractors and suppliers took part in the biennial trade extravaganza, to promote their latest plant, equipment, materials and services. And with economic recovery gathering momentum and confidence returning to the market, particularly in the UK, a growing sense of optimism was noticeable among exhibitors and visitors alike. EPC invited our Hand on Heart team to the event so we could speak to businesses who have defibs on site and regularly train their staff.

Meet the Trainer



Hand on Heart contacted
Dave Gurney

to find out more about him.

What area do you work in?

Burton-on-Trent, East Staffordshire, Derbyshire

How long have you been a first aid trainer for?

Do I want to admit this? 33 years and counting.

How do the Hand on Heart training sessions differ from others that you do?

Not a great deal. I try and inject humour and large degrees of delegate contributions in all my training sessions.

What other jobs have you had?

Engineer, Soldier, Fireman, HCA at Burton Hospital, Children's home carer, First Responder, Training Manager, Blue Coat at a holiday camp.

Do you have any hobbies or interests?

Reading, trying to write a book, canoeing, walking, DIY, watching old films, my two barmy Jack Russells.

What do you enjoy most about being a trainer?

Meeting new people. Seeing the confidence grow with increased skill and knowledge.

Can you describe Hand on Heart in 3 words?

Worthwhile.

Positive.

Lifechanging