



Welcome to Hand on Heart Charity's Newsletter, November 2014 Issue!
We can't believe how quickly the last few months have flown by and already we are busy counting down to Christmas.

We hope you have enjoyed a good November, so take a look at what we've been up to whilst all the fireworks and trick or treaters have been calling on us !

The Connor Saunders Foundation.

Following a recent purchase of defibrillators from us, The Connor Saunders Foundation have been hard at work making more schools Heart Safe. After 2 presentations, Courtney Saunders commented "We are so proud that we have just been able to purchase another 10 defibrillators from Hand on Heart to present to schools, local to us in Brighton. We have given out a couple so far and the days have been truly uplifting for us as a family and so humbling spending the day with the children. My amazing Mum starts the day by talking about Connor and the work that we do in a special assembly this is followed by the presentation of the defib and then a First Aid workshop for the pupils which is delivered by a qualified first aid trainer. Just knowing that we are making schools heart safe because of Connor is breathtaking, we would love to provide as many schools as we can with this amazing life saving piece of equipment. We will continue fundraising to keep making this possible, this is our purpose. A huge heartfelt thank you to all at Hand on Heart for their continued advice and support with helping to make our foundation wishes come true." For more information about the Connor Saunders Foundation visit <http://www.connors5.com>. Pictured below is Connor's Mum, Darran, with staff and students from Cradle Hill CP School & Telscombe Cliffs CP School.



Sainsbury's Sale present their first defibs.

After months of fundraising, Sainsbury's Sale and Handcross Construction have presented their first defibrillator packages to 2 local schools, Wellfield Juniors and St Margaret Ward Catholic Primary have both received one of our Gold packages. Fundraising events have included a sponsored bike ride, balloon race, raffles and collection buckets. Handcross Construction have also fully funded one of the packages.

Debbie Heedy, the stores Charity Coordinator was delighted that they have been able to make more schools in the area Heart Safe. Congratulations to Sainsbury's Sale, we are looking forward working with them when they present another school with a defibrillator package in the near future.




October Winners.

The lucky winners from our October nominations are:-

Manchester Creative and Media Academy in Blackley, Manchester and

Brinkworth Earl Danby's CE Primary School, in Brinkworth, Wiltshire.

We are delighted that the school sites are now Heart Safe and look forward to working with them to train the staff and the pupils in the near future. Well done to both schools.

Tameside Magistrate's dinner dance

Paul and Marcia Moss were involved in fundraising a whopping £1200.00 at the Tameside Magistrates Charity Ball earlier this month. Lots of fun was had with many companies donating prizes for the auction and raffle. The funds will go towards providing a school with a defibrillator package and training. Paul is committed to his fundraising and is due to complete a sky dive at the end of the month. We wish him lots of luck and hope that the weather holds out for him so that he can complete it and add more funds to his total. I am sure we will be celebrating his first donation soon.



Please support our Christmas Appeal....



As Christmas approaches, we ask that you remember Hand on Heart in your holiday plans and support our Christmas Appeal to help us raise funds and provide defibrillators for schools.

Xmas Card Donations: Instead of sending Christmas cards to family and friends leave your Christmas messages on your social media and websites and donate the money you would have spent to us.

Christmas Jumper Day: choose a day for everyone to wear a Christmas jumper to work or school for a minimum donation and help fund a defib package for a school.

Christmas wrapping station: Do you hate wrapping presents, then recruit a couple of volunteers who love wrapping and offer a wrapping service to your staff. Make a charge for each parcel wrapped and donate the profits to us.

Every penny will count, so please make your Christmas contribution today. Please note that individual donations can be gift aided.

If you would like to help us, simply go to our just giving page <https://www.justgiving.com/HandOnHeart> or you can send a cheque made payable to Hand on Heart Charity to the address below.

Defib Selfie!

Whilst out on a hike of the Cornish Coastal paths, one of our trainers, David Draper came across this Public Access Defibrillator at Marizion, which is opposite St Michael's Mount in Cornwall.



David took the picture and sent it in saying "It was pleasing to see an AED being made readily available for the public to use in such a popular holiday location. Let's hope they continue to spread."

If you see any defibs in remote locations please take a photo and send it into us.

Thank you to the Big Lottery Fund

We are extremely pleased to announce, that following the funding support we received from the Big Lottery Fund we have created 13 Heart Safe schools in and around the Coniston area.

On receiving their defibrillator package, Goodly Dale Community Primary School's Head Teacher, Mr Andrew Corcoran commented: "We extend our thanks to Hand on Heart for the superb defibrillator pack sent to us. It is an amazing piece of kit that is extremely important in today's climate in primary schools and the wider community. We feel both very grateful and excited to have become part of the Hand on Heart Coniston campaign. We are very excited about the prospect of training for staff and the children and will be having a fundraising day as our way of saying *Thank You* to Hand on Heart."



We are currently liaising with the schools, many of which are very small, to organise training for pupils on Basic Life Support skills and the staff on the use of the AED.

Manchester Guardian Society Charitable Trust

Thanks to a grant received from the Manchester Guardian Society Charitable Trust, St Annes CE Primary in Sale and Partington Primary schools are now the proud owners of a Lifepak CR Plus and accessories. Staff and pupils will receive training to ensure that they have the skills required to deal with an emergency situation should one arise. Big thanks to the trust for their support to our Trafford Campaign.

Schools made heart safe

0 0 4 2 1

Teachers educated

0 3 3 6 8

Pupils trained

1 2 6 3 0

Thanks for the Training !

Its great to see comments following our training sessions with schools, we hope you find the ones below a joy to read.

Bishops Tachbrook

“Thank you for enabling me to get through the course in one piece.”

St Mary’s RC Primary

“Dave provided expert training and was very thorough with his explanations and demonstrations. I feel confident that I know procedures as well as possible in the time allocated”.

“Very worthwhile & informative course”. Trainer explained information effectively and answered questions appropriately.

Mayfield Special School

“Absolutely brilliant – put at ease, now feel much more confident”.

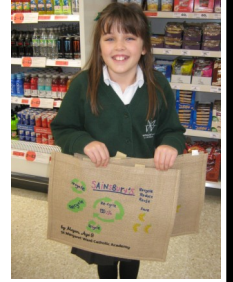
Opening Day of Sainsbury’s Sale newly refurbished store

Following a major refurbishment, staff and customers couldn't wait to see the store re-open. On Monday 17th October, store manager, Dave along with the local Mayor and store staff, officially re-opened the doors. Children at local schools had taken part in a competition to design their new “Bag for Life”, winner Megan was given the privilege of cutting the ribbon before customers could enter the store. We look forward to supporting them in their ventures to raise further funding for schools in the local area.



Pictured: Left -Store manager Dave with the Trafford Mayor and staff. Right - Competition

Sainsbury's



Eddie Rowley’s memory lives on...

Moss Park Junior School in Stretford are the second school to receive a life-saving defibrillator device from the family of a man who held the school dear to his heart.

Family and friends of the late Eddie Rowley raised money for the device, which can be used in emergency situations to prevent youngsters succumbing to sudden cardiac arrest. Eddie was well known throughout Trafford for his minibus company, Travelrite, which transported children to and from school. His wife, Janet, and family have been working hard to raise cash to install life-saving devices in local schools in the Trafford borough.

Two generations of Eddie’s family attended Moss Park Juniors, his wife, Janet and her siblings Tricia and Chris, along with his two nieces, Rebecca and Victoria.

Moss Park Headteacher, Kris Stallman, said: “We are delighted that the school has received the defibrillator and up to 30 pupils and eight staff will be trained in its use.”

Eddie’s stepdaughter, Joanne Jackson, is continuing her efforts to raise enough money for a third school to benefit from a defibrillator.

We congratulate Jo for her efforts, little she did know that she would achieve such support to enable her to place 2 defibrillators in the community and soon she will make it 3.

Well done and keep up the good work.



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**Hand on Heart**
Funding defibrillators for schools
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