



Welcome Trustees and Ambassadors,

to Hand on Heart Charity's Newsletter, December issue!

November has been a very productive month, from winning a Gold Criteria Award from CardiacSmart, to creating even more Heart Safe Schools! We're looking forward to a busy and festive December, trying to get as many schools Heart Safe possible, just in time for Christmas!

Check out the full details of what we got up to this month below, and don't forget to mention us on your social media sites to help raise awareness of our achievements and goals!

Paddy's Return to Mount St Joseph's

As some of you may already be aware, we've received some great support from latest fan of Hand on Heart—Paddy McGuinness. On the 15th of November, he presented a life-saving defibrillator to his former High School Mount St Joseph's with Hand on Heart Charity. We fully funded the defibrillator to thank Paddy for his involvement and accompanied him to the school where it was presented to the staff and students who were over the moon to see Paddy attend. The presentation was a great success and was a fantastic opportunity for both Paddy and the students to learn more about Sudden Cardiac Arrest in the young. Gina Harris, our Fundraising Manager engaged the students with the facts and figures of SCA and Paddy followed up by presenting the defibrillator to the Head Boy and Girl. The school were absolutely thrilled with Paddy's involvement and the staff were so pleased to have him return. We're looking forward to the next collaboration with the Bolton funny-man as his involvement increases over the months.



Trafford Campaign

Well, we did it! As of the 14th of November, every High School in the Trafford area was officially Heart Safe as Hand on Heart Charity created Heart Safe environments in the remaining schools that were not equipped with a life-saving defibrillator. We're so proud of our achievement and look forward to being able to say the community of Trafford is Heart Safe—as Councillor Dylan Butt equips 58 hot spots throughout Trafford with an accessible defibrillator in a signed cabinet. We're so pleased with what we've been able to achieve in such a short amount of time, and look forward to working on more campaigns to create more Heart Safe communities!

Heart Safe Schools

November saw us helping to create a further 30 Heart Safe Schools in the UK!

These Heart Safe environments are created by both fully funding and partially funding schools to help them become equipped with a life-saving defibrillator. We've received help from Novelis Recycling UK Ltd, Lancashire County Council and many more as well as creating Heart Safe environments through our November Winners Draw. This brings us to a total of 1,840 Teachers educated in the use of an AED and an incredible 6,900 pupils through the UK trained in Basic Life Support Skills!

Defibrillator Nomination Winners November 2013

Every month, Hand on Heart offers the public the chance to nominate a school to win a free Gold Defibrillator Package on the Hand on Heart website. The school or individual simply fills out a nomination form as to why they deserve to win, we then choose out of all the deserving nominations which to donate the life-saving package to, completely free of charge!

We have chosen the following 3 schools as our November winners;

- Saint Vincent De Paul Primary School and Nursery Unit, Belfast
- St Lukes CE Primary School, Salford
- Our Lady of Lourdes, Carnforth

Congratulations to all of you on becoming Heart Safe Schools!

Do you know a school that needs a defibrillator? Send them to our website where they could be the next winners of a free Gold Defibrillator Package!

Wellington School

Wellington School in Scotland have been incredibly generous in their efforts to fundraise for Hand on Heart Charity. They have generously offered to raise 10,000 by June 2014 for us to fund defibrillators for schools across the UK which would be an astonishing and life-changing amount to raise. Earlier in the year they hosted a bake sale which turned a great success and they have followed the event with a Christmas Craft Fair which has raised an incredible £4,000! This will go towards their final total and they will continue to raise awareness and promote our charity and goals. Thank you Wellington School!



Image left shows pupils and school nurse from St Olaves, one of our October Defibrillator Winners!



City West Housing Trust

West-Salford Organisation, City West have created a 5th Heart Safe School in St Paul's Peel in Little Hulton! City West's involvement has helped schools become equipped with a life-saving defibrillator as proudly shown in the left image! Their donations have also helped contribute to our Heart Safe Salford Campaign by choosing to support schools in their local area. Thank you City West for your support and generous donations!

CardiacSmart

Last month we mentioned how we entered the CardiacSmart Award Programme to see if we met their high criteria of work to achieve our desired awarding body. The awards are designed specifically to award those who are dedicated to promoting and creating Heart Safe communities by providing training and/or defibrillators to schools, companies and other establishments. Well, after a few weeks of applying, we're very pleased to announce that...WE WON!

We were awarded the prestigious Gold Criteria Award at their Awarding Ceremony on the 4th of December which was an inspirational occasion. You will now be seeing the CardiacSmart logo on our email signatures and newsletters proudly displayed to acknowledge the hard work that we do as a charity.



Lancashire County Council

Lancashire County Council's involvement with Hand on Heart as progressed rapidly over the past few months and has been an amazing contribution to help us create Heart Safe environments in the Preston and Chorley areas.

So far Lancashire County Council's involvement has created 11 Heart Safe schools in their local area! This is an incredible achievement and a great start to a possible campaign we could be embarking on in the new year!

Kendal Live

Charity event called Kendal Live was held at Westmoorland Shopping Centre to help raise funds to put defibrillators into the local community with Hand on Heart Charity! The event was a terrific day for those who attended, with live bands, laser quest and a bouncy castle!

Kendal Live raised £750 for Hand on Heart Charity which is a fantastic sum, and will go towards funding defibrillators for schools!

Image (LR) Kate Ravenscroft from Novelis UK Ltd, Chris Short Head teacher of Bradshaw Lane, Lesley Groome Fundraising Co-ordinator of Hand on Heart Charity.

In the previous newsletter we mentioned how Novelis had decided to support us by funding 6 local schools with life-saving defibrillators. Bradshaw Lane Primary, as shown below, was just one of the schools to benefit from Novelis's generous donation.



Merry Christmas!

From all of the Hand on Heart team, we would like to wish you a very Happy and Heart Safe Christmas!

We'll see you in January where we'll be making even more Heart Safe environments, continuing with our campaigns and celebrating our 2nd Birthday!



Thank you!

A personal thanks to one of our Ambassadors; Gary Keedy for all his Twitter mentions and interaction with us over social media. This is a great way for us to reach more people and gain new supporters. Also thanks to Gary Keedy and his daughter for beginning their fundraising to equip their local school with a defibrillator! We can't wait to hear more about what you're doing and how you get on!

Anyone who would like to get involved in helping Hand on Heart Charity or to contribute to our continuing Success you can help by promoting us on social media, fundraising or volunteering you. Any involvement is always greatly appreciate and a great way to raise awareness of our charity and the risk of SCA. Please don't hesitate to contact us further for any questions you might have. You can send you enquires to Gina@handonheart.org or call 0845 071 0822 for more information.

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