





Welcome to Hand on Heart Charity's 2015 Heart Safe Awards Newsletter!

The fourth UK Heart Safe Awards were held on Friday 9th October at the Midland Hotel, Manchester. This year's awards were the biggest yet. We were joined by over 300 individuals who helped us celebrate the achievements of 16 amazing winners and an additional two nominations that were highly commended. The Hand On Heart team are still feeling very proud after a wonderful evening that highlighted what truly fantastic work is being carried out across the UK.

We are delighted to share our winners stories with you in this edition of our newsletter. The fifth UK Heart Safe Awards will be launched next spring. If you would like further information about Hand on Heart or the awards please do get in touch with the team (details below).

Community Responder of the Year - Walney Island Community First Responders

accepting the award from Intu Trafford Centre General Manager Richard Paxton, on behalf of Walney Island winners was Dee Wild from Hand on Heart . A spokesman commented "Walney Island Community First Responders are proud and honoured to have been recognised for all their commitment and hard work over the last five years.

Our vision is to have a community enabled and confident to use lifesaving skills and to have available the equipment (Public Access Defibrillators) to make that difference. Awards like this can give a tremendous amount of encouragement to keep improving the service we can provide and send out a powerful publicity message to our amazing community both in recognition of their support and also maintaining and extending the awareness of who we are and what we do".





Educational Establishment of the Year - Thomas Rotherham College.

"We were thrilled to win when the other nominations were from universities and larger colleges.

The judges said that we had shown a sustained commitment for over a decade to first aid training". Thomas Rotherham College

The award was presented by CityCo Mike Melvin Estate Manager Capital Properties.

Emergency Services Team of the Year Award - Cheshire Fire & Rescue Service

On receiving their award from Steve Coulson, Director of Martek, Runcorn Fire Station Manager Mark Bushell commented he was proud of his team's achievement.

And went on to say "Runcorn fire-fighters exemplify the ethos and values of not only Cheshire Fire and Rescue Service, but of all fire-fighters, upholding the highest traditions of the profession".



Industry Organisation of the Year - GE Healthcare, The Maynard Centre. presenting them with their award was EPC UK

Head of Commercial Activities, Ian Davies, .

The judges wanted to commend GE Health Care as they felt that they had placed significant investment and focus on the importance of heart safety for all employees. They take on a responsibility towards employees and their training.

Congratulations to GE Healthcare on their award.





Sports & Fitness Establishment of the Year - Everybody.

Peter Hartwell, CEO at Everybody Sport and Recreation commented "We are extremely proud to have been recognised at this year's Heart Safe awards due to the tremendous efforts of our facility staff in dealing with emergency situations within our centres.

We have worked very hard to ensure our staff are trained and equipped with the knowledge and skills needed, but also feel confident to work as a team and ensure our customers are safe.

He continued, "Our Everybody Academy provides training for our staff internally but also for local businesses and our community so we can pass on our expertise and deliver life saving fundamentals to others."

Our sincere thanks to Cardiac Science Managing Director Shaun Ingram for sponsoring and presenting the award to the winners.

Public Sector Organisation of the Year - Bracknell Forest

Council sponsored by Sterling Financial Advice Ltd and presented by Hand on Heart Ambassador Gary Keedy .

Bracknell Forest Council were unable to attend on the evening, Jo Keegan Operations Manager at Hand on Heart to collected the award on their behalf.

On hearing the news Cllr Mrs Dorothy Hayes MBE, Bracknell Forest Council's executive member for environment, said: "We are delighted UK Heart Safe has recognised the work Bracknell Forest Council has done to introduce life-saving AEDs across the borough.



We obviously hope these amazing machines don't have to be used, but it is reassuring for residents to know that in the event of an emergency there are 50 of them (so far) that could potentially save a life."







Retailer of the Year Award - East of England Co-op

presenting the award was Rachel Thomas, Sales Coordinator, Midland Hotel.

Christian Bone, Head of Community Services at the East of England Co-op, said: "We're very pleased that our work to install 100 community access defibrillators across the region has been recognised with such an accolade.

"This is a testament to our project partners, the East of England Ambulance Service and the communities who supported us in finding suitable locations and to spread the word about this potentially lifesaving equipment".



Leisure & Tourism Business of the Year - The North of England Zoological Society (Chester Zoo).

Ian McIntosh, Health & Safety Manager commented "Receiving any kind of award is a great achievement, even being nominated for the UK Heart Safe Awards is an incredible honor, particularly given the extraordinary strength of the field this year, but to win against such strong competition is just amazing.

The award was collected by the whole team as it is very much a team effort to deliver first class First Aid

and I was very proud to have them all with me on the evening and that we were all able to celebrate together.

This was the first time we entered these awards and we will certainly re-enter next year as we continue to improve the level of service we offer, by Introducing the Heart-Start training to all staff, this will hopefully give them the essential skills and confidence to take action in an emergency and potentially save lives".

Not for Profit Business of the Year category - Royal National Lifeboat Institution

Judges were impressed by the preventative work provided by this organisation, in particular because the make up of the organisation is purely volunteers with 94% of funding made up of donations.

They conduct phenomenal training with over 80,000 children, all in the aim of safety'. The award was presented by Linda Miles - Brian Kennedy Trust





Small to Medium Business of the Year winner - Sercel England Ltd .

Feedback from the judging was that they felt that this organisation demonstrated a strong commitment to heart safety, particularly for such a small team. The whole team is fully trained in heart safety and the organisation allows a community responder to go out on call during work hours, showing wider community engagement'. Congratulations to Sercel England Ltd.

Many thanks to sponsors Airbus UK Ltd's Steve Wilson – UK Health and Wellbeing Manager for making the presentation.



Large Business of the Year Award - Port of Dover

Andy Stephens, Port of Dover safety officer, said: "The earlier a casualty with sudden cardiac arrest gets treatment, the greater their chance of survival. That's why the Port of Dover – which has 13 million passengers a year – has placed AEDs in strategic locations and trained a third of its staff to use them.

We never expected to gain national recognition for our work when we started this process, so it's been a real honour to win a UK Heart Safe Award".

A thank you to Laerdal and Philips for sponsoring the category.

Fundraiser of the Year Award - Wellington School, Ayr.

Comments from the judges were that they were touched by the amount of support shown by young students for their peer Emily who suffered a cardiac arrest. The school fully embraced the fundraising task and raised a huge amount of money. They were taken aback by the level of commitment from students and how charity support is an ethos introduced in the early stages of the school.



"We were devastated when one of our pupils Emily suffered a cardiac arrest the ambulance that attended had a defibrillator and saved her life. We set out to save others by raising as much money as we could -£31,000 in fact in a school with only 580 pupils." John McColgan Bursar

Life Saver of the Year (Off Duty) - Philip Davies London Fire Brigade.

Philip commented "Having had time to reflect on what was a great evening, hearing the courageous stories and meeting the nominees, I can say it was very humbling to be amongst so many incredible people that devote their days to saving peoples lives.

Being nominated for an award was a shock and receiving one was totally unexpected. I think I said it best when I said that our training as firefighters gives us the natural instinct and the skill set to save life, and I just did what I had been trained to do. I was inspired that evening by so many wonderful people, and I am honestly proud to have been amongst some true heroes."



His award was presented by Hand on Heart Chief Executive, Victoria Burrows.







Life Saver of the Year (On Duty) - Louise Burgess Waterside Arts Centre.

On winning the award Louise stated "Hand on Heart is a truly wonderful charity and I am honoured to have been nominated for an award let alone winning. I only did what anyone else would do when faced with a similar situation. It could have been a different outcome without the defibrillator and I am very thankful it was there.

Comments from the judging panel thought this was an amazing and brave individual who managed to save the life of another using a defibrillator with no training. The defibrillator used had only been delivered by Hand on Heart to the site the previous day, proof that they are really making a difference to saving lives.

Sarah Trattersall from Imperative Training read out a few words from Mr. O'Donald who was the survivor of a sudden cardiac arrest that Louise saved. On hearing his words being read out Louise received a standing ovation for her award from everyone in the room. It truly was an amazing thing to witness on the night - you can view Louise receiving the award on our facebook page.

Special Recognition

Lauren Watson - Calthwaite & District Community First Responders.

Lauren set up Calthwaite First responders team at the age of 19 to provide quicker emergency response in her area. She is driven and demonstrates a strong commitment to safety in the community with her continued work and innovative training ideas. Thank you for my special recognition award. In the last 4 years we have inputted over 10000 hours of care into the community including monthly training. This award means a tremendous amount and I hope we continue to encourage many more people to

learn CPR 'Gangnam style!'



Philip Davies - London Fire Brigade.

Judges felt Philip displayed real courage, risking his own safety to save the lives of two unconscious staff members at his local dry cleaners after finding a toxic smell. A true hero'.

"Having had time to reflect on what was a great evening, hearing the courageous stories and meeting the nominees, I can say it was very humbling to be amongst so many incredible people that devote their days to saving peoples lives. I think I said it best when I said that our training as firefighters gives us the natural instinct and the skill set to save life, and I just did what I had been trained to do. I was inspired that evening by so many wonderful people, and I am honestly proud to

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If you are interested in the 2016 UK Heart Safe Awards please contact Jo Keegan for more details.

Early bird sponsorship packages are now available / Nominations will open April 2016. Email Jo@handonheart.org or call 0845 071 0822



What an amazing night, with over 300 guests, Andy Crane as MC for the evening, everyone was overwhelmed by the stories and commitment of many companies and individuals, for what



they have done to help create Heart Safe environments and to those who have helped to save a life.

With an evening raffle and silent auction important funds were also raised for Hand on Heart and we are delighted to announce that a phenomenal £16,865.43 was raised which is a tremendous achievement.

Without the support of all our sponsors and guests generosity it wouldn't have been possible to host such a successful evening, our sincere thanks goes to everyone involved.

All funds raised will go towards helping Hand on Heart create further Heart Safe schools throughout the UK.

Plans are already being made to make the fifth annual UK Heart Safe Awards for 2016 just as a success as this year. Please contact enquiries@handonheart.org for more information about sponsorship opportunities and how to nominate.

